



Covid Protocol for Indoor Rehearsals

Updated 2/9/21

Welcome back to choir! We are so excited to return to face-to-face rehearsals. In order to keep everyone as safe as possible we all need to adhere to these protocols.

1. Please take a **lateral flow test** on the day of the rehearsal (or within 48 hours if you are already testing twice weekly for another reason). These are available for free from chemists and supermarkets with pharmacies, and are quick and simple to use. If you get a positive result please follow guidance and do not come to rehearsal.
2. The venue's risk assessment states that anyone who:
 - Has come into close contact with someone diagnosed or displaying symptoms of Covid-19 in the last 14 days.
 - Has returned from international travel, or been in contact with anyone who has returned from international travel, in the last 14 days unless it's an exempt country.
 - Has been diagnosed or had any symptoms of COVID-19 in the last 14 days.
 - Is currently shieldingshould not come into the venue/come to rehearsals.
3. Please wear a **mask** when entering and leaving the building, or when moving about in the rehearsal room.
4. Please keep your own **sheet music** and don't share with others. Sheet music will be provided at the first rehearsal, and replacements can be found on the website members pages and printed at home, or used via an electronic device.
5. Please maintain social distancing whilst in the rehearsal.
6. Please bring your own refreshments - a bottle of water is a great idea when singing.
7. If you need to the toilet, please maintain social distancing, touch as little as possible, and use hand sanitiser before you return to the rehearsal. If you use the toilet, please **clean anything you have touched** afterwards. There is disinfectant spray and paper towels in the toilet. Please throw used paper towels in the bin afterwards.
8. Chairs will be placed spaced out for you to use. Please don't move the chairs around. Disinfectant wipes will be available for you to use should you wish to wipe down your chair.
9. Hand sanitiser will be available for you to use as you enter and leave the building.